

1st Sunday of Lent

March 9th, 2025

Pastor: Reverend Anthony Ackerman

Phone: 250-546-8215 Fax: 250-546-2773

Our Email address: stjosephsarmstrong@rcdk.org

Diocesan website: rcdk.org

Deacon Paul Murphy: deaconpaul@rcdk.org

Office Hours: Mon **830 - 230**, Wed **9 - 12**. Please leave a message on the office phone at 250-546-8215 ext #2 and your call will be returned as quickly as possible.

Mass Times

	<u>St Joseph's:</u>	<u>St Ann's:</u>	<u>Carmel of St Joseph:</u>	<u>St John's, Falkland:</u>
Sunday Mass:	9:00 am	11:00 am	7:30 am	cancelled
Daily Mass:	8:30 am	Mon 10:00 am Fri 10:00 am	7:15 am	

St Joseph's Catholic Church

Civic address: 3335 Patterson Street, Armstrong
Mailing address: PO Box 331, Armstrong, BC V4Y 0H1

E-transfer: givingstjosepharmstrong@rcdk.org

Credit card donation: <https://tithe.ly/add-church-info>

Reconciliation: Saturdays following 8:30am Mass & by request

Baptism: Please contact Father Tony or leave message on office phone

CWL: Wednesday, Mar. 12th at 9 am, St. Joseph's Hall

Knights of Columbus: 2nd Monday, 7:00pm St Joseph's Hall

Faith Formation for Children: Please call the office for books

Adoration: First Fridays 9:00am-4:00pm, all others 9:00am-10:00am

Holy Days of Obligation in Canada: All Sundays, Christmas Day and New Year's Day

St Ann's Catholic Church

Civic address: 1406 George Street (Highway 97A), Enderby
Mailing address: c/o PO Box 331, Armstrong, BC V4Y 0H1

E-transfer: givingstannsenderby@rcdk.org

Credit card donation: <https://tithe.ly/add-church-info>

Reconciliation: Fridays at 9:30am, prior to Mass

Parish General Meeting: To be announced

CWL: To be announced

Knights of Columbus: 2nd Monday, 7:00pm, St Joseph's Hall

Faith Formation for Children: Please call the office for books

Adoration: Wednesdays 1:00pm - 2:00pm

Mass Intentions

March 10th - March 15th

Mon: Int. of Christie Turner, req. by Brandy Turner

St Ann's: Adriaan Van den Tillaart+, req. by the Family

Tues: Int. of Katherine Duckett on her 102nd Birthday, req. by Mary & Keith Meservia

Wed: Margaret Scally+, req. by Pat Feazel

Thu: Sick & Deceased St. Joseph's Members & their Families, req. by St. Joseph's CWL

Fri: Hans+ & Hildegard+ Novelletto, req. by Hans & Consuelo Novel

St Ann's: Souls in Purgatory, req. by Louise Ginter

Sat: Terry Fournier+, Edna Tremblay+ & Cecile Richard+, req. by Margaret Nadeau

† The Month of March is dedicated to
St. Joseph

† Words from our secondary Patron, St John Vianney:

† "He is hidden from our eyes under the humility of his sacrament, to try our faith...."

Holy Father's Intentions for March:

For families in crisis: Let us pray that broken families might discover the cure for their wounds through forgiveness, rediscovering each other's gifts, even in their differences.

Parish Report

St. Joseph's: Budget \$2,087.35 Donations last week \$ 1,466.00

St. Ann's: Budget \$1,399.56 Donations last week \$ 1,766.70

St Joseph's Catholic Church

Parish Renovation Debt: Balance owing as of Mar. 5 - \$37,023.61

St Joseph's Parish Council: Father Tony, Adrien Lemaire.

Choir Practice: Immediately following Sunday Mass.

Help needed – Sacristan: Please see Father Tony if you are interested

Clothing for Less Fortunate: Please leave gently used cold weather clothing and footwear in the box at the back of the Church.

We will be showing a short 35-minute clip regarding: #215 The Kamloops 'Mass Graves' Controversy - an interview with Father Cristino Bouvette, an indigenous ordained Catholic priest. Wednesday, March 12th at 10:00 at St. Joseph's Hall. All are welcome. <https://www.youtube.com/watch?v=Yr-CefczqCk>

Serra Club of Kamloops Diocese

Remembering Vocations in your Lenten Devotions—2025

“God has not grown weary of us. Let us welcome Lent as the great season in which he reminds us: “I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery” (Ex 20:2). Lent is a season of conversion, a time of freedom. Jesus himself, as we recall each year on the first Sunday of Lent, was driven into the desert by the Spirit in order to be tempted in freedom. For forty days, he will stand before us and with us: the incarnate Son. Unlike Pharaoh, God does not want subjects, but sons and daughters.” Pope Francis

Meditations

March 5—Ash Wednesday: “In Lent, we find new criteria of justice and a community with which we can press forward on a road not yet taken. ... It is time to act; and in Lent, to act also means to pause. To pause in prayer, in order to receive the word of God ...”

March 9—First Sunday of Lent: “For this reason, prayer, almsgiving and fasting are not three unrelated acts, but a single movement of openness and self-emptying, in which we cast out the idols that weigh us down, the attachments that imprison us. Then the atrophied and isolated heart will revive. Slow down, then, and pause! The contemplative dimension of life that Lent helps us to rediscover will release new energies. In the presence of God, we become brothers and sisters, more sensitive to one another ...”

St. Joseph's CWL News Corner

Nora and I will be in the hall tomorrow at 09:00 working on the archives – if you are looking for something to do, please join us.

I am putting together a little booklet to put a face to the name for our league. It will be great for new members trying to get to know us, and for members unable to meet or attend functions. Ron and I will be taking your pictures before and after Mass next Sunday, March 16th. If we don't get your picture, we will sketch one for the booklet.

Reminder: Regular meeting Wednesday, March 12th at 09:00 in the hall.

St Ann's Catholic Church

If anyone is interested in choosing the hymns and starting the singing during the Friday and Monday Masses (and occasionally on Sundays when the choir is away). Please let Fr. Tony know

Sunday Luncheon

Janet and Michel Saab will be serving Irish Stew after Mass on March 16th. Everyone Welcome!

Special Announcement

Wings & Roots After School Care Program will be using the basement Monday to Friday from 2 pm until 5 pm. They have assured us that the Parish comes first in terms of important last-minute events. If anyone has any questions please call or email Rayna at the office.

Daily Rosary during Lent

All are welcome to come and say the Rosary every day at 3 o'clock during Lent with Marie April at #49 2180 Fletcher Ave. Armstrong

Lenton Women's Retreat

March 29th from 10am to 3:30pm at St. Joseph's, Salmon Arm

Join us, with Sarah McKenzie (RTC-c, clinical trauma specialist) for a unique women's retreat using therapeutic techniques beautifully woven with Catholic faith to help heal from past wounds Focusing on formation, prayer and forgiveness, while learning about emotional regulation and parts work, this is sure to be a blessing to your Lenten journey.

Open to all women!

Come early for coffee, morning snacks and fellowship from 9-10am. Lunch is provided (for dietary concerns please contact kyla_ouillette@live.ca)

Register before March 21 through the link on the website. Tickets are \$45. <https://www.mountainviewtherapy.ca/events>

Rachel's Corner

“The LORD will fight for you; you have only to keep still.” Exodus 14:14

After everything you have been going through since your abortion, being still and knowing the Lord will fight for you, seems almost hard to believe. Believe it! It is God's promise to you! Join us on a Rachel's Vineyard Retreat and learn how that happens.

www.rachelsvineyardkamloops.org
rvkamloops@yahoo.ca 250-267-5081